

HEALTH AND WELLBEING BOARD
COUNCIL CHAMBER - TOWN HALL, MAIDENHEAD AT 3.00 PM

07 November 2017

PRESENT: Councillor David Coppinger (Chairman), Dr Adrian Hayter (Vice-Chairman), Councillor Natasha Airey, John Lisle (Accountable Officer for East Berks CCG's), Jackie McGlynn (NHS Bracknell and Ascot CCG) and Mark Sanders (HealthWatch Bracknell Forest).

Officers: Alison Alexander, Hilary Hall, Shilpa Manek, Kevin McDaniel, Angela Morris, Teresa Salami-Oru, Sian Smith.

External Speakers: Paul Samuels (Trustee of Men's Matters), Helen Single (Associate Director for Strategy & Planning and Bracknell & Ascot CCG) and Annie Steele (Deputy Director of Operations Cranstoun).

PART I

109/15 APOLOGIES FOR ABSENCE

Apologies for Absence were received from Councillor Stuart Carroll.

110/15 DECLARATIONS OF INTEREST

Dr Adrian Hayter and Dr Jackie McGlynn declared a personal interest as they have GP practices in Old Windsor and Ascot, both of which are part of the Sustainability and Transformation area affected by the Sustainability and Transformation Plan

111/15 MINUTES

RESOLVED That: the minutes of the meeting held on 8 August 2018 were agreed and signed as a true and accurate record after the following changes:

Page 10 – 107/15 JOINT HEALTH AND WELLBEING STRATEGY SCORECARD

The Public Health Consultant/Service Leader informed members that the scorecard had been developed alongside the Joint Health and Wellbeing Strategy in order to give a clear idea of performance and impact on services. Members were told that the scorecard covered 12 priority topic areas encompassed by four overarching themes, and would be reported on annually in line with published outcome data. A report, reporting on outputs, would be produced mid year.

The scorecard had been colour coded in order to make it simpler to understand. Members were reminded that the scorecard included in the agenda was a draft and contained out of date data. The Chairman requested that the scorecard be made bigger.

The Public Health Consultant/Service Leader stated the mid-year report would give a better indication of performance than a quarterly review as the information contained within the report would cover a longer time period.

Members were shown a short video of the Council's Health and Wellbeing Strategy, which outlined the work the Council had undertaken and its achievements since being launched.

Page 11 - 108/15 QUESTIONS FROM THE PUBLIC

The Board was asked about the possibility of arranging annual health checks for adults with autism but not a learning disability. It was explained that many had communication difficulties, but this not qualify as a learning disability and therefore they were not eligible for an annual check up. The Public Health Consultant/Service Leader said that the Royal Borough delivered a health check programme in line with the national programme. The programme was available to all adults aged between 40-74 years including those with Autism or Asperger's in the same age range. The aim of the programme was to identify the early signs of stroke, kidney disease, heart disease, type 2 diabetes and dementia. The Public Health Consultant/Service Leader said the Council would work with colleagues in Primary Care to make sure that reasonable adjustments could be made.

Members were given a case study example of a negative experience at a GP surgery for a patient with Asperger's. Dr Jackie McGlynn informed members that trial work had been carried out in Slough to look at improving the case management needs of people with complex needs, particularly as a ten minute GP consultation was often not long enough. She informed members that the outcome of the trial had been positive.

Members were asked to clarify how the Autism Board would fit in with the proposed board structure. The Public Health Consultant/Service Leader said meetings were still to take place with relevant stakeholders to establish the structure.

The Chairman confirmed to members that the date of the next meeting would be November 7th.

112/15 UPDATE ON THE SUSTAINABILITY AND TRANSFORMATION PLAN (STP)

John Lisle, Accountable Officer CCGs, updated the Board on the Sustainability and Transformation Plan (STP).

Points covered by John Lisle included:

- The 2017/18 funding had been achieved.
- The local draft plan and Memorandum of Understanding, including the principles and operating systems, were agreed on 15 November 2017.
- All items had been cleared for the STP to become an Accountable Care System (ACS).
- The A & E departments were operating well, as was the discharge system.
- The Flu vaccination was going well.

The Chairman informed the Board that the Health and Wellbeing Board Alliance Group, which was a sub group of the STP comprising elected members, met monthly. The Chairman and Vice Chairman of Frimley Park had now discussed the Heatherwood proposal with residents. The Secretary of State would normally call in planning applications that were due to be on green belt land. In the case of Heatherwood Hospital, they had decided not to call in so it was now going ahead.

The Public Health Consultant/Service Leader informed the Board that Public Health in the borough was supporting the flu vaccination scheme. A total of 140 vouchers had already been given out and the borough was actively promoting the flu campaign.

The Managing Director suggested that all Health and Wellbeing Boards needed to work closely with the STP to deliver the outcomes.

This was Unanimously Agreed by the Board.

Mark Sanders expressed concern about the lack of communication from STP. The need for better, more accessible communication for the public was required.

113/15 UPDATE ON THE BETTER CARE FUND (BCF)

The Deputy Director Strategy and Commissioning I updated the Board on the Better Care Fund.

The points highlighted included:

- The plan for 2017-2019 was submitted on 11 September 2017 and had been formally signed off by NHS England.
- The latest figures for the four main BCF metrics were on track.
- There were a variety of projects ongoing and planned to deliver the targets.

Adrian Hayter commented that Bracknell Forest had been inspected by the Care Quality Commission on its delayed transfers of care performance and there may be some learning points from it. The Deputy Director advised that the report was awaited and when it was available, any learning points would be taken on board.

It was agreed that performance against the BCF metrics would continue to be a standing item for the Board.

114/15 JOINT HEALTH AND WELLBEING STRATEGY PRIORITY 7 - SUPPORT ADULTS AND CHILDREN WITH MENTAL HEALTH NEEDS

This item was deferred to the next meeting.

115/15 JOINT HEALTH AND WELLBEING STRATEGY PRIORITY 7 - SUPPORT ADULTS AND CHILDREN WITH MENTAL HEALTH NEEDS

The Public Health Consultant/Service Leader, updated the Board on the Joint Health and Wellbeing Strategy Priority 7, Support adults and children with mental health needs.

Points highlighted included:

- This was a cross-borough approach and the vision was there was no public health without mental health.
- The Royal Borough's Year of Mental Health action plan was on track and aligned with the Brighter Berkshire initiative.
- RBWM had been nominated for the Thames Valley Business Awards.

The Chairman highlighted that the Prime Minister was very much behind the promotion of mental health.

The Managing Director asked about the impact of all the work done, to date. The Public Health Consultant/Service Leader informed the Board that in-house, managers felt more confident discussing mental health and that a formal evaluation was being carried out. Mental health was also more recognised in the community and the key tool being used was the

Brighter Berkshire website. The Recovery College had been launched on 13 October 2017 and this was a key element for supporting residents..

The Managing Director asked what had been done at schools to date and what was planned. The Public Health Consultant/Service Leader informed the Board that two mental health training sessions had been carried out in schools, Desborough and Newlands.. Further work with both primary and secondary schools would be rolled out from January 2018.

Other points discussed included:

- The little blue book given to schools was very effective.
- The lessons learnt with children showed that we needed to be more proactive. A digital approach and more improved PHE systems were being worked on.
- Social prescribing was a key support in this area.

116/15 JOINT HEALTH AND WELLBEING STRATEGY PRIORITY 7 - SUPPORT ADULTS AND CHILDREN WITH MENTAL HEALTH NEEDS

Suicide Prevention

The Senior Public Health Commissioning Officer gave a presentation on a partnership approach to suicide prevention. She went through the Berkshire statistics, the priority areas of the Berkshire Suicide Prevention Strategy, and explained that suicide had now been added to the RBWM service guide of services.

The Senior Public Health Commissioning Officer informed the Board that in 2015-16, there had been 11 suicides. A lot of work was being carried out with Network Rail, Samaritans and CrossRail to reduce the number of suicides. However, it was noted that the majority of suicides happen in the home and loneliness was a major cause.

Paul Samuels, Trustee of Men's Matters, gave a presentation on Men's Matters. Paul Samuels informed the Board about the background to the charity, the work it did and the awards that it had achieved.

Paul Samuels informed the Board that two studies had been commissioned by the National Lottery. Men's Matters had a broader remit than mental health and it was recognised that more work was required in this area, particularly to support men.

Dr Adrian Hayter pointed out that the various elements needed to be linked in order to identify vulnerable people most at risk and provide better training for GPs.

The Director of Children's Services asked if Men's Matters could be promoted at the Job Centre, and the Senior Public Health Commissioning Officer agreed to take this forward.

117/15 JOINT HEALTH AND WELLBEING STRATEGY PRIORITY 2 - LOWER RISKY LEVELS OF ALCOHOL INTAKE

Annie Steele, Deputy Director of Operations Cranstoun gave a presentation on the delivery of Resilience (Drug and Alcohol Service). Annie Steele gave the definition for Resilience, a service focussed on supporting people to develop their resilience, so they have the capacity to recover quickly from difficulties.

Annie Steele spoke about the local vision and what the requirements were of Resilience, offering access to all, especially priority groups such as parents with safeguarding issues, users with mental health conditions, pregnant women and high risk/dependent alcohol and drug users.

Annie Steele highlighted the achievements so far and went through a few real life case studies.

Other points raised included:

- The focus was on prevention, early intervention, treatment and support.
- Motivational techniques were used.
- A community nurse would also soon be available.
- There are groups in Ascot, using peer mentors to assist others, working with partners to work differently and remove barriers.

118/15 JOINT HEALTH AND WELLBEING STRATEGY INTERIM UPDATE ON PERFORMANCE

The Public Health Consultant/Service Leader informed the Board that all 12 priorities were on target. Aspects of priorities two, three and seven had been completed. For example commissioning of the drug & alcohol service, refresh of the dementia policy and launching of the recovery/opportunity college. The Stop Smoking Service had been redesigned, widening the scope and accepting GP referrals. Provisional figures to date suggested that there had been 110 quits, which was above target. Priority One was being worked on now, healthy weight in adults and children.

119/15 REFRESH OF CLINICAL COMMISSIONING GROUP OPERATING PLAN

Helen Single, Associate Director Strategy & Planning and Bracknell & Ascot CCG updated the Board on the CCG Operational plan.

Key areas identified in the plan included:

- Working with schools to ensure that the SEND provision was consistent for all families and children.
- Looking across all three CCG's, addressing workforce issues and GP transformation.
- Providing seven day GP access in the borough, in order to better meet resident needs, including spending more time with vulnerable patients.
- Streamlined access to services not provided in GP surgeries, such as physiotherapy.
- Improving technology, including online appointments.

120/15 PHARMACEUTICAL NEEDS ANALYSIS UPDATE

The Public Health Consultant/Service Leader updated the Board on the Pharmaceutical Needs Analysis. This was last published in 2015 and the new one would be published on 31 March 2018. It would be uploaded onto the RBWM website for a sixty day consultation with the final strategy to be signed off at the Board meeting on 13 March 2018.

121/15 QUESTIONS FROM THE PUBLIC

No Questions.

122/15 FUTURE MEETING DATES

Health and Wellbeing Board - 07.11.17

Board Members noted the date of the next meeting – 13 March 2018.

Mark Sanders asked to be added to the distribution lists for all publications that go on the website. He noted that it is difficult to engage with residents due to lack of information. Mark Sanders reported that WAM HealthWatch has a bus that it uses to promote information and engage with residents. He asked the Board for help with finding places where it can be parked in order to meet with residents.

The Chairman suggested that the Managing Director put the town managers in touch with Mark Sanders. The Public Health Consultant/Service Leader commented that there were many opportunities for using the bus and she would liaise direct with Mark Sanders.

The Public Health Consultant/Service Leader updated the Board on the review of partnership boards and indicated that she would be emailing Board members seeking nominations for the new Boards.

Movember was also discussed, with the focus being on mental and physical health.

The meeting, which began at 3.00 pm, ended at 4.40 pm

CHAIRMAN.....

DATE.....